

**ST. HELEN CATHOLIC CHURCH**  
**YOUTH MINISTRY**  
**Sacrament of Confirmation**

**Confirmation Program - 2 year requirement**

**Requirements - First year Confirmation Student (10th Grade):**

1. Attend Sunday Youth Ministry Nights – allowed 3 missed nights per semester (6 total for the whole year)
2. Attend the Shocking Truth or Logos Retreat – not required, but encouraged

**Family Suggestions:**

Begin conversation on a possible Sponsor (Choosing Confirmation Sponsor Requirement Form for details)

Begin conversation on possible Saint Name (Choosing Confirmation Saint Form for details)

**Requirements - Second year Confirmation Student (11th Grade):**

Weekend Confirmation retreat fee - \$125

In addition to the CCE fee of \$125

Complete and turn in Confirmation Application Packet (only handed out after Parent Meeting)

Turn in Baptism Certificate

**All youth must attend...**

1. all Confirmation Specific Classes
  - a. Hosted on specific Sunday nights
  - b. In the event that a youth cannot make it, Make-Up Classes are offered on the following Tuesday (with valid excuse).
2. at least one volunteer opportunity hosted through St. Helen Youth Ministry
3. One Day Retreat
4. Weekend Confirmation Retreat
5. Confirmation Reconciliation Service
6. all other Sunday Youth Ministry Nights – allowed 3 missed nights per semester (6 total for the whole year)

**Family Requirements:**

Parent(s) must attend 6 Faith Formation Classes

Assist in finalizing Sponsor and Saint Name

If a youth starts their first year of Confirmation as an 11<sup>th</sup> grader, they will follow through until the end of the 12<sup>th</sup> grade.

See Youth Ministry calendar for all events listed above.

**Catholic High School Students**

Are exempt from the First Year of the Confirmation Program due to their involvement in Theology classes at their perspective high schools. As 11<sup>th</sup> graders, youth must meet the requirements for the Second Year of the Confirmation Program. We welcome and encourage our Catholic High School youth to attend all Youth Ministry Nights, Conferences, Camps, and Events in high school!

**Rite of Confirmation**

Appropriate Dress for Confirmation Mass: **applies to Candidates and Sponsors**

Men: slacks, coat, and tie. *No jeans allowed*

Women: a modest dress that is at least knee-length or dress pants and blouse.

No low-cut dresses, high slits in skirt/dress, spaghetti straps or midriffs!

There is no required color for the clothing, but you can wear red accents since that is symbolic of the Holy Spirit.

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