



ST. HELEN
YOUTH MINISTRY

Confirmation Preparation Requirements

Year 1

The process for Preparation for the Sacrament of Confirmation at St. Helen is a 2-year journey that may begin as soon as a youth is a freshman.

Prior to entering the Confirmation Year 1
Youth must be simultaneously enrolled and attending faith formation.

- Students and Parents attend a confirmation intro meeting.
October 6, 2024
- All students must attend Sunday Mass every week:
Saturday 5:00PM Vigil English
Sunday 7:30am, 9:00am, 10:30am, 5:00pm
Sunday Noon Spanish
- Attend Holy Days of Obligation
- Students must attend 80% of Highschool faith formation.
- Students will participate in 40 hours of service.
- Students must attend a day retreat (NET retreat)
- Students must attend one retreat in the summer of 2025 (AYC, Brave the Wilderness, Bible Study or other catholic retreats approved).

For more information or if you're not sure about the sacrament pathway for your teen, please contact Miriam Escobar – Director of Youth Ministry

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